



Guam Head Start Menu

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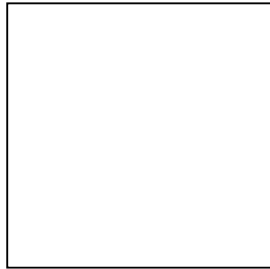
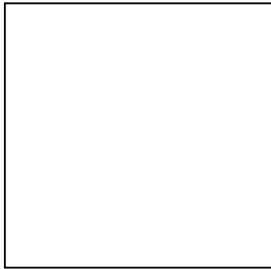
MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



1

ENJOY the last
Few Days
of
SUMMER!

2

AM Headstart is fed Breakfast and Lunch Daily

5



7



9

PM Headstart is fed Lunch and a Snack Daily

12

13

SEE YOU

14

NEXT

15

WEEK!

16

All Day (Duration Programs) Headstart is fed Breakfast, Lunch and a Snack Daily

19

Breakfast
Blueberry Muffin

Lunch
Breaded Chicken Burger
Potato Wedges

Snack
Baby Carrots

20

Breakfast
Mini Pancakes

Lunch
Chicken Nuggets
Rice & Beans

Snack
Cereal Bar

21

Breakfast
Breakfast Pizza

Lunch
Orange Chicken & Rice
Caesar Salad

Snack
Fresh Orange

22

Breakfast
Apple Frudel

Lunch
Eggless Loco Moco
Rice

Snack
Fresh Apple

23

Breakfast
Chicken & Biscuit Sandwich

Lunch
Pepperoni Pizza

Snack
Assorted Muffins

Breakfast, Lunch and Snack are served with 1% white milk

26

Breakfast
Strawberry Stuffed Bagel

Lunch
Cheese Burger

Snack
Scooby Snacks

27

Breakfast
Sausage & Cheese Sandwich

Lunch
Chicken Strips
Spanish Rice

Snack
Cereal Bar

28

Breakfast
Cheese Omelet w/ Rice

Lunch
BBQ Pork Sandwich

Snack
Graham Crackers

29

Breakfast
Mini Pancakes

Lunch
Bistek w/ Rice

Snack
Fresh Apple

30

Breakfast
Benefit Bar

Lunch
Popcorn Chicken & Roll
Mashed Potato & Gravy

Snack
Fresh Orange

Breakfast includes a fruit serving and Lunch includes both vegetables and a fruit serving

This institution is an equal opportunity provider.